

HOW TO PRAYER WALK

- Keep it small – go in pairs or by yourself.
- Be aware of Jesus' presence with you. As you walk, try to see the city through Jesus' eyes.
- Pray as you walk, eyes open. Stop at landmarks.
- If praying with a partner, pray out loud.
- Pray **Audibly** so they can pray along in spirit.
- Pray **Brief** prayers. Pass it back & forth.
- Pray **Christ-centred**.
- Pray **Con conversationally** off each other's prayers to focus on specific themes.

• Pray for:

- **Critical needs:** social, political, economic, spiritual
- **Critical crossroads & intersections**
- **Cultural influencers:** businesses, public services, schools, galleries, theatres, media, etc.
- **Churches and Christians** to be good neighbours who love & serve the city
- **People:** friends, neighbours, colleagues, workers, residents, passersby, major people groups
- **Peace and safety:** protection against crime, conflict and unrest.

- Start with prayers of **praise**, remembering that Jesus is the present Lord of this place.
- Ask **God to guide** your prayers, and to give you the **eyes to see** what he sees.
- **Confess fears, weaknesses, lack of concern** for those "outside."
- Ask **God to give insight** into his good plans for the city. Ask to **fit into his plan**.
- Ask for **open doors & opportunities** to love & serve the people of this community.
- Ask for **courage** to love as Jesus loves.
- Pray for **revival!**



PRAYER WALKING

Connect with God's heart for your city

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DEBRIEF

Talk with God and each other about what you saw and heard.

• What surprised you? • What encouraged you? • What made you uncomfortable? • What did you struggle with?

REFLECT:

1. What describes your relationship to the city?
caring <-----> indifferent
active <-----> idle
involved <-----> detached
recognized <-----> anonymous
2. What are the ways you are involved with your neighbours and your community?

"Lift up your eyes! Look at the fields! They are ripe for harvest. Ask the Lord of the harvest to send out workers into his harvest field!"
—Jesus

"I never noticed my community as a place of mission until I prayer walked it on my way home for the first time."
—New York City businessman

The realities of urban life can make it a challenge to be connected meaningfully to our city. **Prayer walking is one tangible way to get to know & serve our community & neighbours.**

PRAYER WALKING...

- **Roots us** in the communities in which we live, work and socialize.
- **Takes us out of the church "bubble"** & places us into the world as a missionfield.
- **Gives us eyes** to see & appreciate God's beauty, grace, and glory in the city.
- **Give us hearts to ache** for the city's brokenness as we see socioeconomic problems up close and in context.

- **Connects our plans** to God's purposes.
- **Opens doors** and hearts to the gospel.
- **Prayer walking changes...**
 - **Neighbourhoods** into parishes;
 - **Believers** into missionaries;
 - **Homes** into ministry centres;
 - **Churches** into the crossroads of kingdom renewal!

Prayer Walk Observation Sheet

- What streets did you walk?

- What kind of buildings did you see?

- Describe the buildings' overall condition

- What kind of businesses/institutions were there?

- What kind of people did you see?

- What ethnic & language groups did they represent?

- How does the area that you walked uniquely need prayer?
